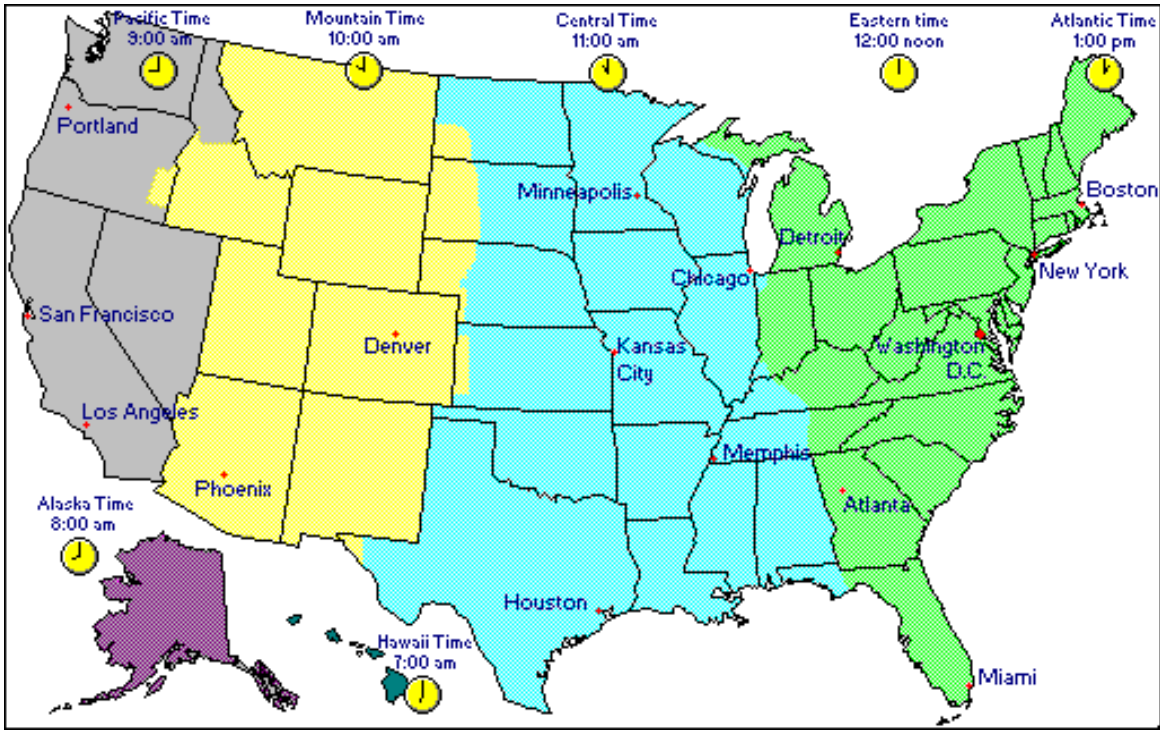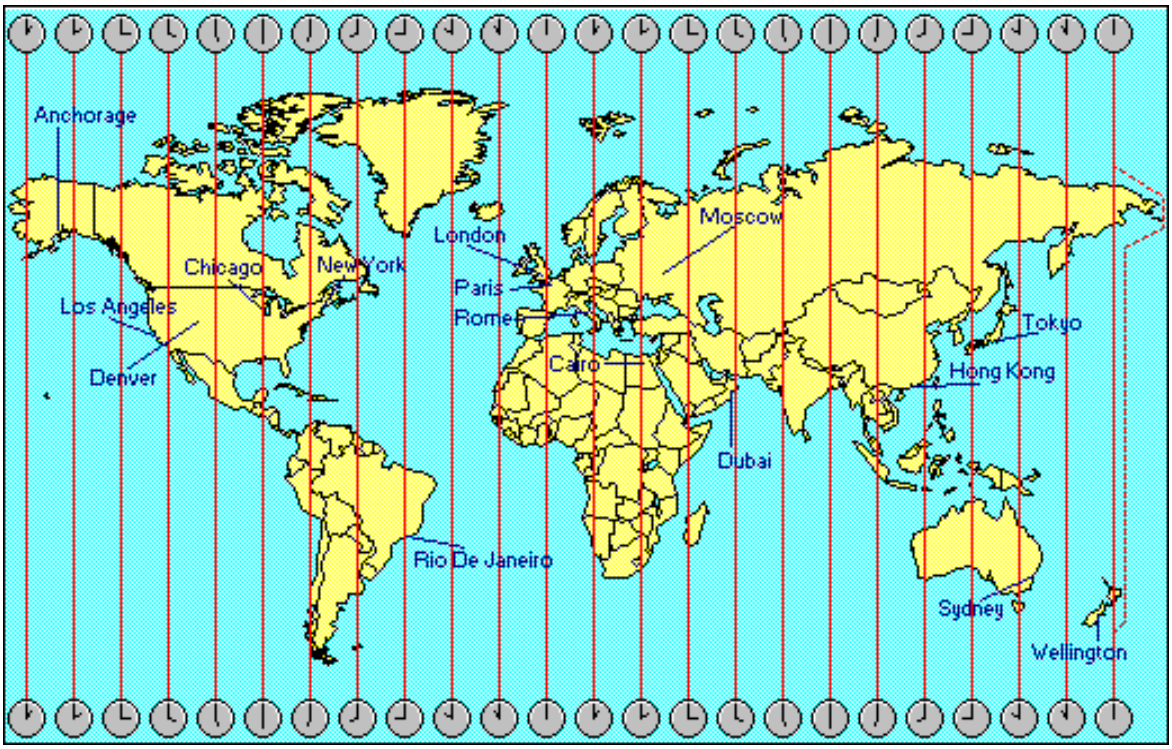Annex - H
Standard Time Zones